

# TWOsday



## Song and Rhyme Lyrics

### Bread and Butter

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as quietly as we can  
(*whisper*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as loudly as we can  
(*shout*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as fast as we can  
(*say quickly*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as slowly as we can  
(*say slowly*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as high as we can  
(*say in a high-pitched voice*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as low as we can  
(*say in a low-pitched voice*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as nicely as we can  
Hello!

### I Wake Up My Hands

I wake up my hands with a clap, clap, clap  
a clap, clap, clap, a clap, clap, clap  
I wake up my hands with a clap, clap, clap  
and I wiggle my waggles away

#### *Other verses:*

I wake up my feet with a stomp, stomp, stomp...  
I wake up my head with a pat, pat, pat...  
I wake up my belly with a beep, beep, beep...  
I wake up my hips with a shake, shake, shake...

### Stretch!

First you stretch high (*stretch arms up in the air*)  
Then you stretch low (*reach down to touch the ground*)  
Next you stretch wide (*stretch arms out to the sides*)  
then you stretch narrow (*bring arms in*)  
Stretch to the left (*stretch arms to the left*)  
then stretch to the right (*stretch arms to the right*)  
Stretch really fast (*hold arms out and move them quickly in circles*)  
then stretch really slow (*hold arms out and move them slowly in circles*)  
Everybody wave hello (*wave and say "hello!"*)  
Show me a smile and now we're ready to go!

### If You're Ready for a Story

If you're ready for a story, clap your hands!  
If you're ready for a story, clap your hands!  
If you're ready for a story,  
If you're ready for a story,  
If you're ready for a story, clap your hands!

*Repeat verse, replacing "clap your hands" with nod your head, rub your tummy, sit so still*

**\*\*Story\*\***

### **Hip, Hip, Hop**

Hip, hip, hippety hop (*kids hop around the room*)  
hippety, hippety hop  
We'll hop around the room today until we make a stop.

### **Five Elephants in the Bathtub**

One elephant in the bathtub  
Going for a swim  
Knock, knock (clap twice)  
Splash, splash (slap knees twice)  
Come on in! (motion with both hands to come in)

*Repeat verse, counting to 5. Change last line to "they all fell in!" at end.*

### **Wave Your Scarf**

Wave your scarf up and down, up and down, up and down.  
Wave your scarf up and down.  
Wave your scarf.

*Repeat verse, replacing "up and down" with left and right, fast and slow, high and low, around and around.*

### **We Wave Our Scarves**

We wave our scarves together  
We wave our scarves together  
We wave our scarves together because it's fun to do.  
Wave them up high  
Wave them down low  
Wave them in the middle because it's fun to do.

*Repeat verse, replacing "wave our scarves" with throw our scarves, shake our eggs*

### **Can You Shake Along With Me?**

Can you shake along with me, along with me, along with me?  
Can you shake along with me?  
Put your shaker on your... knee

*Repeat verse, replacing "knee" with head, shoulder, elbow, toe.*

### **Bread and Butter**

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as quietly as we can  
(*whisper*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as loudly as we can  
(*shout*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as fast as we can  
(*say quickly*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as slowly as we can  
(*say slowly*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as high as we can  
(*say in a high-pitched voice*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as low as we can  
(*say in a low-pitched voice*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as nicely as we can  
Goodbye!