

# TWOSday



## Song and Rhyme Lyrics

### Bread and Butter

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as quietly as we can  
(*whisper*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as loudly as we can  
(*shout*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as fast as we can  
(*say quickly*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as slowly as we can  
(*say slowly*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as high as we can  
(*say in a high-pitched voice*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as low as we can  
(*say in a low-pitched voice*) Hello!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say hello as nicely as we can  
Hello!

### I Wake Up My Hands

I wake up my hands with a clap, clap, clap  
a clap, clap, clap, a clap, clap, clap  
I wake up my hands with a clap, clap, clap  
and I wiggle my waggles away

#### *Other verses:*

I wake up my feet with a stomp, stomp, stomp...  
I wake up my head with a pat, pat, pat...  
I wake up my belly with a beep, beep, beep...  
I wake up my hips with a shake, shake, shake...

### Stretch!

First you stretch high (*stretch arms up in the air*)  
Then you stretch low (*reach down to touch the ground*)  
Next you stretch wide (*stretch arms out to the sides*)  
then you stretch narrow (*bring arms in*)  
Stretch to the left (*stretch arms to the left*)  
then stretch to the right (*stretch arms to the right*)  
Stretch really fast (*hold arms out and move them quickly in circles*)  
then stretch really slow (*hold arms out and move them slowly in circles*)  
Everybody wave hello (*wave and say "hello!"*)  
Show me a smile and now we're ready to go!

### If You're Ready for a Story

If you're ready for a story, clap your hands!  
If you're ready for a story, clap your hands!  
If you're ready for a story,  
If you're ready for a story,  
If you're ready for a story, clap your hands!

*Repeat verse, replacing "clap your hands" with nod your head, rub your tummy, sit so still*

**\*\*Story\*\***

### **Bananas Unite**

Bananas unite! *(raise arms and clap above your head)*  
Peel bananas, peel, peel bananas *(move arms slowly down)*  
Peel bananas, peel, peel bananas  
Chop bananas, chop chop bananas *(make chopping motion with hands)*  
Chop bananas, chop chop bananas  
Mash bananas, mash mash bananas *(squish palms together)*  
Mash bananas, mash mash bananas  
Eat bananas, eat, eat bananas *(pretend you're taking something off your palm and eating it)*  
Eat bananas, eat, eat bananas  
Go Bananas! *(raise arms, then wave them wildly)*

### **P-I-Z-Z-A**

I had a pizza big and round  
And all of it was mine-O  
P-I-Z-Z-A...  
And all of it was mine-O!

*Repeat verse, taking away one letter from the beginning of the word each time. Clap instead of saying that letter.*

### **Mix a Pancake**

Mix a pancake *(move your arms like you're mixing something in a bowl)*  
Stir a pancake *(keep mixing)*  
Pop it in a pan *(move one hand so it looks like you're scooping something and putting it in a pan)*  
Fry a pancake *(move one hand like you're holding a frying pan)*  
Toss a pancake *(pretend like you're tossing the frying pan up)*  
Catch it if you can! *(pretend you're catching something)*

### **Wave Your Scarf**

Wave your scarf up and down, up and down, up and down.  
Wave your scarf up and down.  
Wave your scarf.

*Repeat verse, replacing "up and down" with left and right, fast and low, high and low, around and around.*

### **We Wave Our Scarves**

We wave our scarves together  
We wave our scarves together  
We wave our scarves together because it's fun to do.  
Wave them up high  
Wave them down low  
Wave them in the middle because it's fun to do.

*Repeat verse, replacing "wave our scarves" with throw our scarves, shake our eggs*

### **Can You Shake Along With Me?**

Can you shake along with me, along with me, along with me?  
Can you shake along with me?  
Put your shaker on your... knee

*Repeat verse, replacing "knee" with head, shoulder, elbow, toe*

### **Shake It On Your Shoe**

1, 2, shake it on your shoe  
3, 4, shake it on the floor  
5, 6, stir and mix  
7, 8, stand up straight  
9, 10 wave to your friends

## **Bread and Butter**

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as quietly as we can  
(*whisper*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as loudly as we can  
(*shout*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as fast as we can  
(*say quickly*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as slowly as we can  
(*say slowly*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as high as we can  
(*say in a high-pitched voice*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as low as we can  
(*say in a low-pitched voice*) Goodbye!

Bread and butter (*pat hands on lap, then clap*)  
Marmalade and jam (*pat hands on lap, then clap*)  
Let's say goodbye as nicely as we can  
Goodbye!